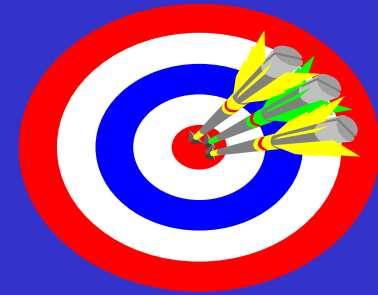
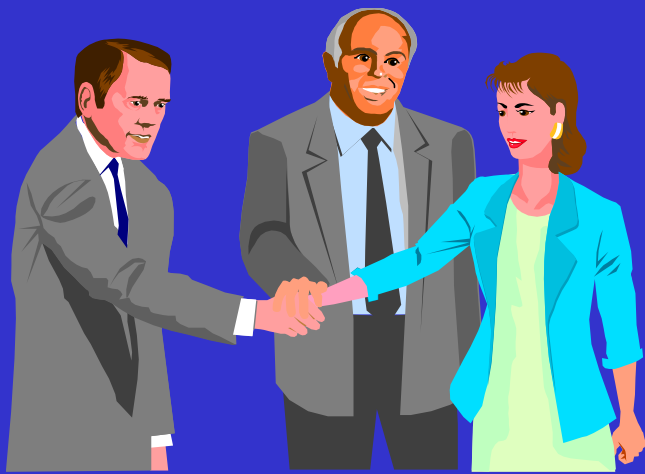


Presenting. . .



**◆ The A B C's of Medicaid
Mental Health and
Substance Abuse
Services**

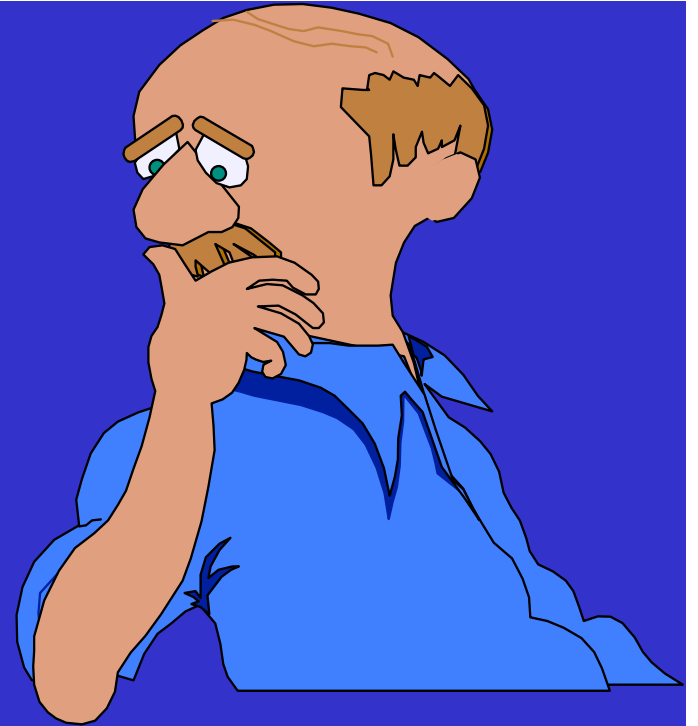


**The Most
Common Services
Medicaid Covers
Are. . .**

Evaluation Services

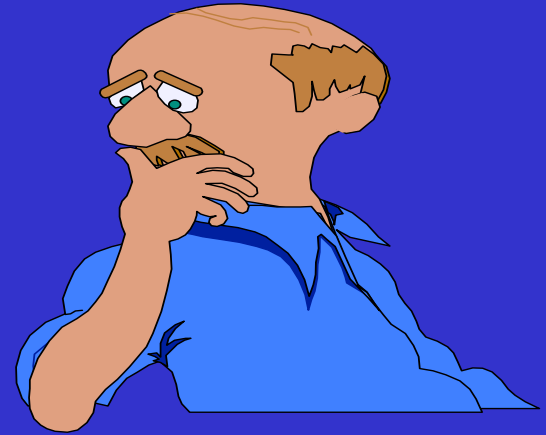
May Include:

- Interactive interviews *with* recipient, family/significant others.
- Review of history.
- Psych testing.



Evaluation Services

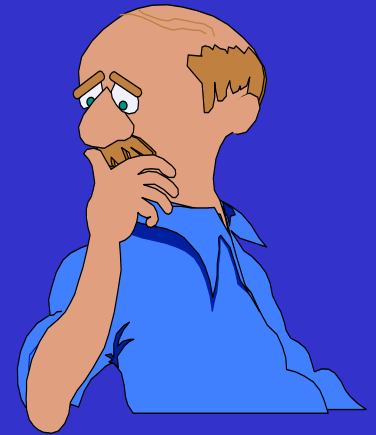
Purposes:



- To assist recipient in determining/ understanding whether he/she is in need of services.
- To guide treatment (also helps in developing an adequate care plan) *with* recipient.

Evaluation Services

Needed to decide if a recipient
needs and wants help with:



- Problems that are social, emotional, or psychological.
- Coping with daily life/its stresses, including depression.
- Addictions.
- Quitting abuse of substances.
- An array of other situations.

Outpatient Mental Health/Substance Abuse Services



Includes:

- Individual psychotherapy (counseling).
- Group psychotherapy (counseling).
- Family psychotherapy (counseling).

Outpatient Mental Health/Substance Abuse Services



- Used for typical mental health/substance abuse problems we *all* may encounter in our lives.
- Sessions usually range from 30 minutes to one hour in length.

Crisis Intervention Services



Provided when a recipient is in crisis

- **Crisis:** a situation caused by a person's apparent mental disorder resulting in a high level of stress/ anxiety for the person or others, which can't be resolved by available coping methods or by ordinary efforts.

Crisis Intervention Services



Includes:

- Assessment.
- Case planning and follow-along.
- Stabilizing the crisis.

Hospitalization



- Provided when there are no community choices.
- Length of stays are typically short.
- Used as a last resort.
- Includes use for acute and severe episodes.

Hospitalization



Includes Inpatient Stays for:

- Mental health situations.
- Detoxification.
- Substance abuse rehabilitation.

Medication and the Management of Medication



Includes:

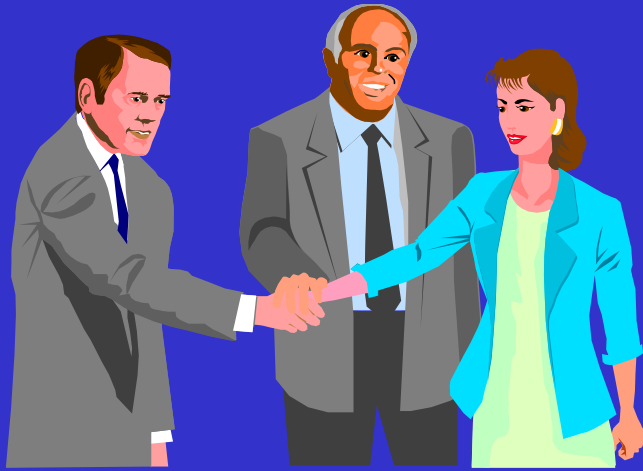
- Prescribing medications.
- Administration.
- Monitoring medication usage, effectiveness and side effects.

Medication and the Management of Medication



Drugs monitored include:

- Anti-depressants.
- Medications for anxiety.
- Psychotropic drugs.



Specialized Services That **Medicaid** Covers Are. . .

Adults

Day treatment

Includes:

- Mental health day treatment.
- Substance abuse day treatment.



Adults

Day treatment

- Structured onsite program usually more intensive than outpatient.
- Focus on daily living skills.
- Recipients goes home each night.
- Goal is to maintain the recipient in the community.

Community Support Program Services

Includes:

- In-depth assessment.
- Treatment planning.
- Treatment services.
- Psychological rehabilitation services.
- Case management services.



Community Support Program Services



Enables a recipient to:

- Better manage the symptoms of his/her illness.
- Increase the likelihood of his/her independent, effective functioning in the community.
- Reduce the incidence and duration of institutional treatment.

Comprehensive Community Services

Includes:

- Flexible array of psychosocial rehabilitative services.
- Emphasis on recovery and consumer involvement in all areas.

Comprehensive Community Services

- **Services across lifespan.**
- **Services are individualized to each person's need for rehabilitation as identified through a comprehensive assessment.**

Adults and Children Case Management Services



Helps a recipient and family access:

- Medical services.
- Social services.
- Educational services.
- Vocational services.
- Other services.

Adults and Children Case Management Services



Available to many “long term support”
target populations including:

- Adults with severe mental illness.
- Adults with alcohol or chemical dependency.
- Children with severe emotional disturbance.
- Children in foster care.

Children

**Services available only
with a referral from
HealthCheck (EPSDT)
exam**



Available for:

- **Persons under age 21 who are in need of a service not otherwise covered by Medicaid.**

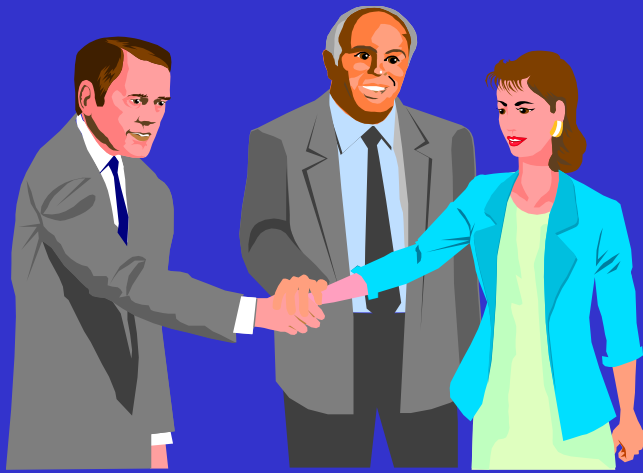
Children

Services available only with a referral from HealthCheck (EPSDT) exam



Typical Services include:

- Day treatment.
- Inhome mental health and substance abuse services.



**Who Does
Medicaid Pay to
Provide These
Services?**

Typical Individual Providers include:

- Alcohol/Drug Abuse abuse counselors.
- Masters level therapists.
- Outpatient mental health clinics.
- Ph.D. psychologists.
- Psychiatrists and other physicians.
- Peer specialists.
- Technicians.
- Rehabilitation workers.

Typical Program Providers include:

- Outpatient mental health clinics.
- Outpatient substance abuse clinics.
- General hospitals.
- Specialty psychiatric or substance abuse hospitals.
- Day treatment providers.
- Narcotic treatment service programs.

Coverage Limitations

Medicaid covers only:

- **Medically necessary services.**

What does that mean?

- **Means Medicaid services required to prevent, identify, or treat a recipient's illness, injury, or disability, and meets standards identified in HFS 101.03(96m), Wis. Admin. Code.**



Some services must be approved before the recipient may receive them.

In other words, Medicaid:

- **Sometimes requires Prior Authorization for certain services. Without prior authorization, Medicaid does not pay the provider for these services.**

“IMD” Exclusion

- **Federal regulations prohibit Medicaid paying for “IMD”s (specialized hospitals for psychiatric or substance abuse care) for persons between ages 21 and 64.**
- **Exception: if a person turns age 21 while in an IMD, Medicaid may pay up to the person’s 22nd birthday.**

**Some services must be
provided or arranged
only by counties and
tribal agencies.**

**We all need to help recipients
obtain the services they need:**

- **Reduce the stigma of persons obtaining mental health or substance abuse services.**
- **Ask questions if you're not sure who covers what in the way of mental health or substance abuse services.**

Some Resources

- AA, Alanon, Alateen meetings in your community.
- Alliance for the Mentally Ill in your community.
- Grassroots Empowerment Project.
- Mental Health Association in your community.
- Wisconsin Family Ties.
- Wisconsin Initiative for Infant Mental Health.
- Other resources.